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News

Great Falls Connection Editor Kemal Kurspahic greatfalls@connectionnewspapers.com

Pfc. Katy Defoe, Crime **Prevention Officer for the Fairfax County Police Reston District Station,** speaks to Great Falls homeowners representatives at the Great Falls Library Tuesday, Jan. 10.



Рнотоѕ въ ALEX McVeigh/

Neighbors Engage in Crime Prevention

GFCA hosts forum for homeowners, police.

BY ALEX McVeigh The Connection

he Great Falls Citizens Association and the Fairfax County Police Department spoke with homeowners associations around the community Tuesday, Jan. 10 at the Great Falls Library in an effort to improve communications between residents and the police, as well as discuss the idea of neighborhood watches.

PFC. KATY DEFOE, Crime Prevention Officer for the Reston District Station, spoke about neighborhood watches and how they help the police. She said a watch can be anything from an e-mail chain to something more official.

"With a watch comes a greater

community, and it goes both ways," she said. "The people in the community know each other, they know when the neighbor is on vacation, so then they'll notice something amiss if a moving truck shows up at their house."

She said that members of recognized neighborhood watches can get more information from the police than the average citizen, and that it often helped the police get more information about an incident.

Defoe pointed to a recent string of vandalisms from Jan. 1 to Jan. 4 when several mailboxes were

"We didn't get one call until the day after, but we found out a lot of people heard the mailboxes being smashed," she said. "Remember, you're not wasting our time for calling about a strange noise or something, that's our job to check it out."

George Newman lives in Riverbend Meadows, one of the neighborhoods that had "about eight or nine" mailboxes smashed. He said his neighborhood has an e-mail tree, but no official neighborhood watch.

"The most recent victims would have called the



Bill Waugh, president of the Eaton Park homeowners association speaks at the Great Falls Library Tuesday, Jan. 10, as part of a meeting between homeowners association representatives and police.

source of information, both for the police and the police right away, but they came home at around 10 p.m., and the mailbox was still there," he said.

> Defoe said that the smashing most likely occurred between 1 and 3 a.m., and "that it usually turns out to be kids who are out of school."

> **RESIDENTS** who attended the meeting had neighborhoods with various levels of a neighborhood watch, and some that didn't have one were interested in creating one.

> Jennifer Bell says when her neighborhood decided to start a watch, they contacted the police department, who sent an officer for a few meetings. She said it has helped open the lines of communication around her neighborhood.

> "We're a passive group, we don't have people in red berets patrolling the streets every night with batons," she said. "We have a sign at the beginning of our neighborhood, which I truly believe helps. A lot of the amateur burglars and kids, I think they see those signs and it makes a difference. It is a

> > SEE HOMEOWNERS, PAGE 13



The General Services Administration warehouse site, which Fairfax County is proposing for the relocation of the new FBI headquarters, is located in Springfield.

FBI Makes County's 'Most Wanted' List

Board of Supervisors votes to lobby for FBI relocation.

By Victoria Ross The Connection

airfax County placed its marker on the table Tuesday in what promises to be a high-stakes contest to persuade the Federal Bureau of Investigation (FBI) to relocate its headquarters to a government-owned site in Springfield.

Prince George's and Loudoun County officials have already signaled their interest in providing a new FBI home, a move that is anticipated to come with at least 12,000 jobs and a \$1.2 billion complex.

Chairman Sharon Bulova (D-At-Large) and Supervisor Jeff McKay (D-Lee) said the County will lobby its Congressional delegation, the General Services Administration (GSA) and the FBI to move its headquarters to the former GSA warehouse site on Loisdale Road, near Metrorail's Blue Line and the soon-to-be redeveloped Springfield Mall.

"This is our starting point," said McKay after the meeting. "It's an opportunity for the Federal government to overcome the mistake of the BRAC/MARK Center debacle. Our site is strategically located, meets all the criteria, and is a great opportunity for continued robust revitalization of greater Spring-

"The message we need to send to the FBI is that this is the site that will best allow Metro stations once rail to them to accomplish a very important mission in terms of our national security," said Supervisor Pat Herrity (R-Spring-

In December, the Senate

Committee on Environment and Public Works authorized the GSA to seek a consolidated headquarters, subject to approval and funding by Congress. McKay said renovating or rebuilding in DC is not feasible because of the estimated \$1 billion price tag, and the lack of required post-9/11 security fea-

According to the resolution authorizing the GSA to find a consolidated headquarters, the government has to own the land and the location has to be "transit-oriented," within two miles of a Metrorail station and 2.5 miles from the beltway. The FBI needs two million square feet of office to consolidate its network of about 20 satellite locations. Currently, there are about 17,000 FBI employees and contractors at 40 sites across the nation.

"The former GSA site not only meets the needs of the FBI, but gives Fairfax County a valuable new employer and new jobs. The area is located near Metro and the VRE, and prime for redevelopment, and this kind of project could spur that," said Bulova.

"The GSA site is already owned by the federal government. It's adjacent to the Franconia-Springfield Metro Station, VRE, Amtrak, bus service and every highway except Route 66," McKay said. He pointed out that airport access will soon be served by two Dulles is complete.

As for other jurisdictions also competing for the prize?

"You just can't get a better spot than Springfield," McKay said.

News

Troop 673 Promotes Two Eagle Scouts

SA Troop 673 of Great Falls held its first Eagle Court of Honor on Saturday, Jan. 7 at Great Falls United Methodist Church promoting the Troop's two young members - Conner Max Pierce and Peter Michael Arcoria - as the most recent Eagle Scouts.

CONNER, son of David and Suzanne Pierce of Great Falls, is a senior at GW Community High School. Conner joined Troop 673 in 2005 after earning the rank of Arrow of Light as a Cub Scout. Since joining the troop, he has served as Patrol Leader twice and Troop Chaplain. As well as attending summer camp four years with the troop, Conner has participated in High Adventure trips to Sea Base and Philmont. Conner utilized his scouting skills to play a leadership role with Wilderness Ventures in a four-week high adventure trip in Yosemite and the Lost Coast of California. He has also completed the C & O Canal Bike Hike, riding all 185 miles of the canal in a 5-day trip.

Conner's Eagle project was to repair a badly eroded, steep section of trail in Great Falls National Park. Working with park staff, Conner developed a detailed plan to rebuild the trail by removing old trail features and replacing them with several new check dams to create a series of steps up a 50-foot section of trail. With the help of the troop and others, Conner designed and supervised installation of the new trail features, narrowed the trail to the proper width, and ensured that the trail is easily and safely navigable by hikers. The trail improvements will also prevent erosion and ensure that the trail remains safe for hikers for many years to come.

This past summer Conner participated in a fourweek Spanish language immersion and community service trip in rural Costa Rica where he built a corral for the local community. At GW Community School, Conner has participated in an internship at a sound recording studio and has been the graphic designer for the yearbook. Conner plans to attend college this coming fall.

PETER, son of Phil and Fran Arcoria of Great Falls, is a senior at Langley High School. Peter began his scout career as a Tiger Cub with Pack 673 in Great Falls and continued his scouting activities in Houston, Texas. Upon his family's return to Great Falls in January 2007, Peter joined Troop 673 with many of his Cub Scout friends. Peter has had the opportunity to attend scout camps in Texas, Virginia, Pennsylvania, and Delaware with the two troops he has been affiliated with. Peter's honors include the Ad Altare Dei Award religious medal, and Order of the Arrow, which is considered Scouting's National Honor Society. Peter has served Troop 673 as Patrol Leader, Quartermaster, Den Chief, and as a representative to the 2010 National Camporee. He has also enjoyed two Sea Base excursions; the Bahamas Adventure and Coral Reef Sailing

For his Eagle Project, Peter reconfigured a segment of trail in Hollow's Trail, within River Bend Park. As Peter receives his Eagle Rank Award, he joins his older brothers, Philip and Paul, rounding out the family's own, Triple Crown of Eagle Scouts. Upon graduation from high school in June 2012, Peter will begin to pursue his lifelong goal of delving into the business world as a student in college.



Connor Pierce with parents, David and Suzanne Pierce of Great Falls. PHOTOS BY BILL BLOOD



Peter Arcoria with parents Fran and Phil Arcoria of Great





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WEEK IN GREAT FALLS

Memory Café Comes to **Great Falls**

A group of area residents has launched an initiative to form a "Memory Café" for those in the Great Falls/Reston area. A Memory Café is a casual social meeting venue for those with progressive memory or cognitive impairment and their caregivers. A Memory Café is not a support group, but a way to provide information, resources and fellowship for those with Alzheimer's and other related diseases. The Memory Café began in England, but is now coming to the D.C. area and Great Falls. Usually the groups meet every other week for 2-3 hours. The first meeting will be on Feb. 16, from 2-3:30 at Andrew Chapel Methodist Church, 1301 Trap Rd. in Vienna. If you are interested in becoming part of this group, call Carol Blackwell at (571) 236-6933 or email lovriver@aol.com.

Wolf to Kick Off Campaign

Rep. Frank Wolf (R-10th) will kick off his 2012 re-election campaign at his biennial "Birthday Party" celebration on Jan. 26 at the Washington Dulles Airport Hilton.

The event starts at 7 p.m. and tickets are \$30 each. To make reservations, contact the Wolf for Congress Committee at 703-817-

Wolf, the most senior of Virginia's 11 members of Congress, has been involved in nearly every major transportation initiative in northern Virginia over the last 30 years, including reducing HOV restrictions on I-66 and getting the full funding to complete the original 103-mile Metrorail system. He played a key role in securing the funding to replace the Woodrow Wilson Bridge and has been the driving force behind the effort to extend rail to Dulles airport and Loudoun County. He also pushed for the additional westbound lane on I-66 inside the Capital Beltway, which is now open, and worked to permanently open the Monument Avenue and Stringfellow Road slip ramps on I-66. In addition, he continues to draw attention to the high tolls on the Dulles Greenway and is a vocal proponent for distance pricing on the road.

Wolf was re-elected in 2010 with nearly 63 percent of the vote.

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WEEK IN GREAT FALLS

From Page 5

Military Appreciation Mondays Continue

The next Military Appreciation Mondays event will be held at The Old Brogue in Great Falls on Monday, Jan. 30 to help raise funds and awareness for the Yellow Ribbon Fund. All you have to do is show up and eat. Bob Nelson and

his cosponsors will each donate a 10 percent match of whatever you spend on dinner. In November, the proceeds were donated to the group Stop Soldier Suicide.

The Yellow Ribbon Fund was created in 2005 to assist injured service members and their families while they recuperate at Walter Reed National Military Medical Center. In five years, contributions made through the Yellow Ribbon Fund have provided the following for injured service

members and their families: over 1,100 free rental cars spanning 49,000 free rental car days; over 16,000 free taxi rides; over 7,300 free hotel room nights; and 46 families have had use of YRF's four apartments for almost 6,000 nights; and hundreds of free tickets to sporting games, concerts and plays, and hundreds of lunches, dinners, golf games, duck and goose hunts, fishing trips, and other activities.

Make reservations by calling The

Old Brogue, 760C Walker Rd., Great Falls at 703-759-3309.

Free Real Estate Seminar Series

The Lyons & McGuire Team of Keller Williams Realty Great Falls office will be offering a free Real Estate Seminar Series the last Sunday of January, February, March and April from 1-4 p.m. The topic for the first session on Sunday, Jan. 29 is "What Every Seller Needs To Know." This is an opportunity to get tips from a professional Stager, Home Inspector, Appraiser etc. RSVP to lyonsmcguire@TeamGreatFalls.com. Future Seminar topics will include tips for Buyers, 55+ Communities and Downsizing Lifestyle, and New Homes & Custom Building. This is a no obligation community service. Seminar location 774-A Walker Rd. Great Falls (next to Adeler Jewelers).

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News

From left, Jeff Levy, president of Virginia College Parents, Casey Lingan of the Commonwealth's Attorney, Ryan Smith, a graduate student at Virginia Tech, Capt. Bruce Ferguson, commander of Fairfax **County Police Youth Ser**vices Division and Dr. William Hauda, emergency physician, members of a panel discussion on college drinking at McLean High School Wednesday, Jan. 11.



Capt. Bruce Ferguson, com-

mander of the Fairfax County Po-

lice Youth Services Division and

one of the panelists, said the underage drinking problem has

gotten worse in recent years.

easier. Our attitude about al-

cohol has changed to make

it something you have to do.

You can't watch a sporting

event without seeing a beer

commercial that says if you

drink this, you get the girl

and the sports car," he said.

"We need to change our atti-

tude, through education, and change the culture of alco-

Col. David Rohrer, Fairfax

County Chief of Police, was

at the event, and he remem-

bered his days as a patrol of-

ficer finding alcohol around

"The issue's been here for

a long time. The reality is

that too many people think of alcohol as a way to stimu-

late fun, but it also leads to a lot of consequences," he said.

"We've all had to go make

death notifications for some-

one killed in an accident in-

volving alcohol or involving

schools and county parks.

"Things have gotten worse because access has gotten

Рнотоѕ в ALEX MCVEIGH

Panel Addresses College Drinking

Unified Prevention Coalition hosts event at McLean High School.

By Alex McVeigh The Connection

he Unified Prevention Coalition of Fairfax County and the McLean High School PTSA presented "Perils of the College Drinking Culture" Wednesday, Jan. 11. The program featured a panel of speakers who discussed the health and legal consequences of underage and binge drinking, as well as a short film.

The film told the story of Gordie Bailey, a freshman at the University of Colorado at Boulder, who died at a fraternity house of alcohol poisoning in 2004. It presented a real life case of an underage person who drank too much and wasn't given proper care while intoxicated.

"The photos of Gordie dead on the floor of that fraternity house, with the writing all

over him and his face blue will haunt me for a while," said Marianne Marshall, a parent of a high-schooler and a college student who came to the presentation. "I couldn't stop picturing my kids in that same spot, and it really made me want to open up lines of communication with my kids when it comes to drink-

DR. WILLIAM HAUDA, an emergency room physician at Inova Fairfax Hospital and one of the panel members, said the high school years are crucial when it comes to informing students.

"If you look at our eighth graders, the numbers are well below the national average, but our seniors are catching up to the national average," he said. "In college, 50 percent of students admit to binge drinking. So what's happening is, in high school, students are unlearning the results of using alcohol to excess."



Chief of Police, speaks at the "Perils of College Drinking Culture" forum at McLean High School Wednesday, Jan. 11.

cohol abuse."

Col. David Rohrer, Fairfax County

THE EVENT was attended by more than 200 people. Becky York of the Unified Prevention Coalition, said that their surveys showed most parents came from the McLean High community, but parents from Langley, James Madison, Thomas Jefferson and W.T. Woodson high schools, as well as middle school parents and parents from Arlington County attended.

alcohol abuse, the list of consequences is long: fights,

assaults, unwanted sex. As adults and as a society

we simply need to stop condoning and tolerating al-

The coalition's mission is to prevent violence, drug and alcohol use by youth in the county. The next forum will be held Wednesday, March 28 at 7 p.m. at Mount Vernon High School in Alexandria. More information is available www.unifiedpreventioncoalition.org.



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OPINION

Building on Pro-business Culture

New industry sectors are critical to Fairfax County's continued economic success.

> By Sharon Bulova Chairman, Board of Supervisors

n the speech I gave Dec. 13 as I was sworn in as chairman of the Board of Supervisors, I quoted Albert Einstein, who said, "In the middle of difficulty lies opportunity." The continuing economic problems that afflict the nation, and the federal budget

COMMENTARY

cuts that could take effect soon, provide Fairfax County an opportunity to continue the significant and

diversified economic development successes of the past several years.

Fairfax County is fortunate to be at the doorstep of the nation's capital. Our proximity to Washington has made us a natural base for companies that want to do business with the federal government, and our ability to attract



county becoming the economic engine of the Washington area as well as the Commonwealth of Virginia. And, of course, the commercialization of government technology, including the Internet, has also helped create businesses and jobs in

critical element in the

Fairfax County. We are proud that 66 of the nation's 100 largest government contractors have a presence

in the county, including 22 that are based here. Government contractors employ Fairfax County residents and perform some of the most vital tasks required by the nation.

Of course, no community can sustain itself over time unless it has a diverse economy. Fairfax County will continue to foster the business-friendly climate that has attracted so many corporate relocations in the last several years, and we will continue to welcome government contractors to our community. But, we also will redouble our efforts to attract companies from a wide array of appropriate inand retain government contractors has been a dustry sectors to diversify our economic base.

The county, working through the Economic Development Authority, has in recent years landed the headquarters of high-profile large employers that are helping us diversify our economy. Volkswagen Group of America and Hilton Worldwide give us important inroads in the automotive and hospitality industries, for example. Most recently Bechtel, one of the largest engineering and construction companies in the world, announced it would relocate its global operations headquarters to Fairfax County. That is the kind of progress that the county can build upon for future economic success.

In my inaugural speech, I also referred to a business owner who moved his IT firm to the county. He told me how much he liked the mood here and that he wanted to be in a place where people enjoy what they do and are "charged up" about their work and their community. Our corporate leaders, like our residents, appreciate that, during these challenging times, Fairfax County has developed and improved on our pro-business culture. That will continue to be important in these difficult times as we look for new opportunities to improve the economic stability of the county in 2012 and beyond.

Sharon Bulova chairs the Fairfax County Board of

Great Falls History Revisited

BY KATHLEEN J. MURPHY President of Great Falls HISTORICAL SOCIETY

en Garrett and Julia Runnels, who discussed local history dating as far back as the early 1700s at our January Society program, made the point very clearly: We live in a community that is teaming with historical significance. The Great Falls Historical Society has been performing the mission of identifying, documenting, and obtaining many historical designations to secure our history for future generations since its founding by Milburn Sanders in 1977.

Yet emerging insights that sharpen and deepen as we shift our focus to particular neighborhoods and specific properties within Great Falls suggest that the history of our place is even more robust than documented to date. In alignment with our society's mission as defined by Milburn Sanders, "To feel the pulse of earth where man has trod, and for the future, keep the past," we are holding a "workspace" - a "community container" - over 12 Mondays from 1 p.m. to 5 p.m. throughout the winter months at the Great Falls Library Meeting Room. We invite everyone to come forward with stories, photographs, artifacts, research sources, and writings, as well as personal skills at organizing, writing, archiving, digitizing, storytelling, interviewing, etc. - for the purpose of ensuring that our collective memory of the history of Great Falls from the perspective of particular neighborhoods is complete and accurate. We do not require people to turn over treasures, but rather to ensure that important pieces of our community history are archived and properly described on the Great Falls Historical Society website so that their existence and whereabouts is known and the owner can be contacted. Filming will be available in the small conference room to capture oral histories. Once the full story of the place we love is gathered, initiatives forward may become clear.

All who have an interest in history are welcome - you do not need to bring history about your neighborhood to participate, just enthusiasm and curiosity. The Great Falls Library has disability access, thus historians of all ages may enter easily. Everyone who comes will be invited to participate. The dates are Jan. 23 and 30. Feb. 6, 13, and 27, March 5, 12, 19, and 26, and April 2, 9 and 16 from 1 to 5 p.m. at the Great Falls Library Meeting Room.

LETTERS TO THE EDITOR

Playing by Rules

To the Editor:

Much has been said in recent days about the Republican Presidential primary ballot and the news that only Mitt Romney and Ron Paul have been certified to be placed on the ballot by the State Board of Elections for the March 6 primary election.

To understand what happened the process must first be understood. State law is very clear that to be certified, a candidate must obtain on petitions the signatures of 10,000 qualified voters in Virginia with at least 400 in each congressional district.

Again, by the law the state political parties are required to examine the submitted petitions, verify that the minimum threshold is met and issue certifications for those who meet these requirements. The process is well defined in the Code of Virginia and all of the Republican candidates were made aware of these requirements which, incidentally, have been in place for a number of years.

The real question now is why did the results turn out as they did? Some have suggested that the State Board of Elections

and Republican Party manipulated things to produce these results. From the understanding which I obtained from news reports, two candidates (Romney and Paul) submitted petitions and met the 10,000 valid signatures requirement and two other candidates (Gingrich and Perry) submitted petitions but "did not come close to the 10,000 valid signature threshold," to quote from a statement provided on the website of the Republican Party of Vir-

The other three candidates (Bachman, Santorum and

Huntsman) did not submit any petitions and, therefore by default, did not meet the requirement to be certified. I am confident that the State Board of Elections and the Republican Party believe in the "rule of law." It is my opinion that they did their very best to follow the intent and spirit of the law in carrying out the proscribed process.

I believe it is regrettable that only two candidates qualified but all of the candidates knew the requirements of the law.

> **Anne Damon** Fairfax

Great Falls

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NEWS

A photograph by Edwin L. Behrens of Great Falls typifies the creative work in the "Patterns" Exhibition. While touring the Getty Museum in California, Behrens noted the flatpatterned tile floor and photographed his wife "appearing to be standing on the edges of cubes."



'Patterns' Exhibition Opens Online In New Show by Great Falls Artists

Fifty paintings, ceramics, sculptures, photographs, lithographs and other art pieces notable for their striking patterns will be on display through the end of January in an exhibition featuring works by 22 artists who live or work in Great Falls.

The exhibit, called "Patterns," can be seen only online. To access it, visitors must go to the website of Great Falls Studios, a network of more than 100 artists based in Great Falls. The address is www.GreatFallsStudios.com. To see the show, click on "virtual gallery." You can enlarge each image and bring up information on each work by clicking again on each piece.

"From abstract to concrete and from geometric to organic, this month's colorful collection of art covers a variety of dimensions," said Will Tuthill, a printmaker who curates the gallery on behalf of Great Falls Studios. "Here you can see, on one end of the spectrum, beautifully rendered subjects from real life, and on the other, pure, aesthetically pleasing abstractions."

The Great Falls Virtual Gallery opened in 2011. Each month it displays a different themed exhibit of work by artists in Great Falls. Twice a year, the site features work by children at local schools. The February theme is "Cold."

BULLETIN BOARD

To have community events listed in the Connection, send to greatfalls@connectionnewspapers.com. Deadline is Friday.

THURSDAY/JAN. 19

Vienna Tysons Regional Chamber of Commerce Board

Installation. 11:30 a.m. Maggiano's Little Italy, Tysons Galleria, 2001 International Drive, McLean. Meet the new VTRCC President, Lisa Huffman. \$40-\$50. www.vtrcc.org.

FRIDAY/JAN. 20

Make and Repair Beaded Jewelry.

7 p.m. Vienna Community Center, 120 Cherry St. S.E., Vienna. Fridays through Feb. 24. Learn how to make and repair jewelry, become familiar with jewelers' tools, and work with beads, crystals, pearls and stones. For age 18 and up. \$30-\$75. Class number 332410-A1. Register at 703-255-6360 or www.viennava.gov.

Collage Creations. 10 a.m.-4 p.m. Vienna Art Center, 115 Pleasant St., Vienna. Two day workshop. Stain and embellish papers. \$150. 703-319-3971 or www.ViennaArtsSociety.org.

SATURDAY/JAN. 21

McLean Little League Spring

Registration. 8:30 a.m.-1:30 p.m McLean Little League Fields, 1836 Westmoreland St., McLean. www.mcleanll.com.

ESOL Tutor Training Workshop

9:30 a.m.-3 p.m. James Lee Community Center, 2855 Annandale Road, Falls Church. Volunteer English for Speakers of Other Languages (ESOL) tutors needed to help immigrant adults speak, read, and write English. Three required sessions on Jan. 21, 28, and Feb. 4. \$40 for books and materials. volunteers@lcnv.org or 703-237-0866 ext. 111.

McLean Branch of the American Association of University Women. 9:30 a.m. McLean Community Center, 1234 Ingleside Ave., McLean. With Linda Martin, advisor at Dogwood Elementary in Reston for the GEMS Club (Girls Excelling in Math and Science). Public welcome. 703-536-6498 or www.mcleanaauw.org.

MONDAY/JAN. 23

Divorce, Custody and Support: Preparing Your Case. 7 p.m. The

Women's Center, 127 Park St. N.E., Vienna. \$45-\$55. Written interrogatories, requests for admission or production of documents and notices of deposition. komeara@thewomenscenter.org.

TUESDAY/JAN. 24

Providence District Council

Meeting. 7:15 p.m. The Library at Thoreau Middle School, 2505 Cedar Land, Vienna.
ProvidenceDistrictCouncil@yahoo.com or www.facebook.com/providencedistrictcouncil.

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We are quite proud to announce the opening of Salon Vivan in Great Falls, VA.

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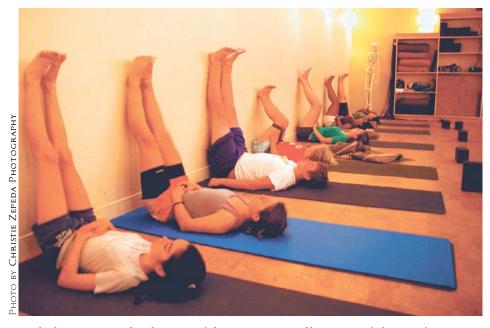
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Education Learning Fun



Isabel Vasquez, Charlotte Smith, Conor Powell, Avery Dick, Katrina Dubee, Clara Godard and Sarah McCutcheon practice yoga at Sun and Moon Yoga Studio in Arlington.

'om," joked Luann Fulbright of

Dream Yoga Studio and Wellness

Aficionados, educators and re-

searchers credit the discipline for

addressing issues ranging from

self-control to self-awareness. A

study conducted by researchers at

Angeles' College of Education

showed that regular yoga practice

boosted students' self-esteem and

improved their physical health,

behavior and academic perfor-

"It is amazing to watch what hap-

pens with these children. Their fo-

cus and concentration is im-

Center in McLean.



Yoga students, including Maya Ettleson (center) practice a downward dog tunnel at Budding Yogis studio. Experts say yoga is good exercise for

The Yoga Generation

Yoga credited with relieving stress, boosting self-esteem and improving grades in children.

By Marilyn Campbell ways take a deep breath and say

annah Ticardi deals with the pressure of competitive soccer games or rigorous science classes by striking a pose. The 16-year-old Vienna student usually prefers downward facing dog or cobra.

"It is really important to have a stress reliever, and yoga is really good for that," said Ticardi who is an 11th-grade student at James Madison High School in Vienna.

Katherine Harris, who has practiced yoga since middle school, agrees. "What I like best about yoga is the feeling I have after class proved," said Dawn Curtis, owner where I feel like I'm floating," said of East Meets West Yoga Center in Harris, a high school junior who Vienna takes classes at Sun and Moon Yoga Studio in Arlington.

Ticardi and Harris are part of a generation of children who are pressure and body image. "We use dents to work in tandem to get the teract and enjoy each other withgrowing up with yoga, the practice warrior pose, for example, where cloth from one side to the other out the parents having to disciimpacting their lives from in utero kids come into the pose with their without using their hands. through high school. Most studios arms stretched up to the ceiling or now offer prenatal classes as well out to their sides, and we say 'Feel gether," said Moyer. "It is a group healthier connection with your as instruction for toddlers, elemen- how strong you are," said Annie effort. It's team building. None of child." tary, middle and high school stu- Moyer of Sun and Moon Yoga Stu- the games we play are about win-

have their baby, I can pick up the fidence."

said Freddy Margolis of Village feeling inside."

dog tunnel. "You have to run, stretch into downward dog and the California State University, Los It's like a cardio, stretch and it challenges all of your body," said the 14-year old.

> Classes are structured to appeal done on a theme. Sometimes set the right tone.' classes are themed around the holidays or seasons or animals or stories," said Curtis.

a swath of brightly colored fabric ents and children a chance to be Yoga classes for middle and high across the room by balancing it on together in a supportive, nonschool students incorporate exer- their heads or grasping it with their threatening, non-hierarchal way," cises that deal with issues like peer elbows. The object is for the stu-said Fulbright. "They can just in-

"We're all pursuing this goal to- lots of fun. You build a stronger,

"It helps them to get physically fit," achieve or attain except for a good Potomac.

Teachers keep students engaged by using age-appropriate language a very early age," said Linda SISTERS Joey and Eva Schulman, and adapting traditional yoga Goldberg, principal of Potomac Elwho practice at Budding Yogis stu- poses for children. "We learn poses ementary School. "Children will dio in Washington, D.C., agree. that relate to nature or animals," "My favorite yoga pose is eagle said Cynthia Maltenfort, an inpose, said 11-year old Joey. "It chal-structor at Sun and Moon Yoga in lenges your body to balance, to Fairfax. "There is a lot of interactwist and to be strong all at the tion and developing a connection with themselves and with each Eva gets a charge from the down other. We start to address feelings and underserved youth, also de-

Each class ends with a relaxation then hold that pose for a long time. technique often referred to as Alexandria, Fairfax, Montgomery often 'om'" at the end of class shavasana. "We teach them how to and Prince George's Counties and strength workout. I like it because calm themselves," said Moyer. the District. "They lie down or curl up and listen to a story, a poem or music. Often, the most fidgety kids you've to children at each age group. "For ever seen in your life will just chill smaller children, everything is and let go of everything when you

Many yoga studios also host yoga summer camps and yoga birthday parties. There is also yoga for fami-Moyer's young yogis often pass lies. "Family yoga classes give parpline. There's lots of laughter and

"I believe that exercise and relaxation techniques should start at enjoy exercise throughout their pleasurable learning when they are

YoKid, a non-profit organization that makes yoga available to at-risk ploys instructors to a growing number of public schools in Arlington,

"I have some teachers who, when the class is getting too busy, say to the students, 'Stand up and everybody take some deep breaths,' and they do a yoga position, sometimes just to calm children down," said Marjorie Myers, Ed.D., principal, Francis Scott Key Elementary School in Arlington. "We have an after-school yoga class that the jury is possible, but preventable. parents put together, and there is a family yoga night where parents haven't yet developed to hold come in with their children and everybody does yoga together. One we have to be strict with them in of the pluses is that these activimaking sure their alignment is ties have demystified yoga for the proper," said Margolis.

Instructors say incidents are rare, YoKid runs Key's after-school even among the most vulnerable In fact, she approached Curtis yoga program. Alexandria resident students. "I've had kids with all about starting a Yoga club for teens Michelle Kelsey Mitchell, the sorts of limitations like partial pa- at East Meets West Yoga Center. program's co-founder and execu-ralysis due to stroke, cerebral palsy, Curtis agreed and will begin classes dio in Arlington. "It is a gesture of ning. We all win. Some of the **SOME LOCAL SCHOOL** officials tive director, says yoga's principle ADHD, Aspberger's syndrome and later this month. "When I visit my prenatal stu- opening oneself up to the world things kids do at school are goal have embraced yoga for children. of self-acceptance can help boost others," said Feldman. "All have dents in the hospital after they and creates the feeling of real con- oriented and have a component of Potomac Elementary School stu- self-esteem and confidence. "In been able to practice yoga with no week where I don't need to think pressure and stress. In yoga, there dents are offered yoga classes from yoga, kids don't have to prove any-concerns or injuries."

newborn child and they almost al- Instructors say it's good exercise. is never anything that you have to instructors at Village Yoga in thing to anybody. They can just While many doctors agree that said Harris.



Akari Davidson, Eva Schulman and Joey Schulman practice goddess pose at Budding Yogis studio. Yoga has been credited with improving focus and concentration in chil-



yoga is a healthy practice, they say

the benefits children get from yoga

can also be found just as effectively

elsewhere. "The good thing is that

there [are] a variety of cost-effi-

cient and simple ways for children

and teens to relax and unwind,"

said Kristin Anderson, M.D.,

M.P.H., family and preventive

medicine physician for Molina

Healthcare, Community Health

Care Network clinic in Reston. "Go-

ing on walks as a family can also

help everyone get the exercise they

need as well as spend quality time

together while they de-stress. This

can help kids and their parents

improve posture, relieve anxiety,

practice deeper breathing, build

lungs and stretch muscles."

Children take a YoKid yoga class in Alexandria. Teachers lifetime when they experience keep young students engaged by adapting traditional yoga poses for children. Classes often end with a relaxation

come and be who they are."

YOGA HAS BEEN criticized for having religious overtones. "We We also say namaste. While the words aren't religious, they can be construed that way," said Linda Feldman, director of Budding Yogis, a studio that caters solely to children. "I tell our teacher trainees that if they're in a public school scenario or where there are concerns over religion, they can use a word other than om or namaste."

As with any physical activity, in-"Sometimes [children's] muscles things where they need to be, so

But Ticardi, who is planning for college and preparing to take the SAT this spring, believes that yoga is the best stress reliever for her.

"It's nice to have an hour every about anything but my breath,"



Langley students play the various parts of a man and woman's subconscious in the one-act play "Reservations." Langley presented 10 different one act plays last weekend, which were all student-directed.

EX McVeigh

Langley Presents One Acts

Students direct, write 10 one act plays.

BY ALEX McVeigh The Connection

tudents at Langley High School presented their annual One Act Plays Friday and Saturday, giving the students a chance to not only act, but write and direct the performances as well.

More than 50 students participated in the 10 plays, five of The plays differed widely in subject matter. "Linda Her," directed by senior Brian Patterson explores a woman's growing disenchantment with her domestic life during a sleepless night, while "Dr. Horrible's Sing Along Blog," directed by seniors Justin Cecil and Alex Lichtenstein features a tongue-in-cheek mu- into a one-act play." sical look at the superhero

Cecil, who adapted the play from an internet miniseries, is directing his fourth performance each performance he's directed. at Langley, but this is his first

fun I've ever had, even though I found it's harder to direct a com-

and when it's more fun, people feel worse about forgetting their Sophomore Hayley Wenk

made her directorial and writing debut with her play "Cre-

"I've written some things, but this is the first one that's made it outside of my computer," she said. "It was really cool to see everything come to life on the stage. I think the cast took it in a lot of cool directions."

Junior Alex Swann served as the tech director for the plays, and said the variety of shows presented in a short amount of time presented a unique chal-

"I think 'crazy' is an accurate description of the schedule. We usually work on one show at a time over three or four weeks, now we're doing 10 shows in about two weeks," he said. "The hardest part is the props, our prop closet has mostly furniture, so we have to do a lot of search-

Langley Theatre Arts Director Phyliss Jaffe said the one acts are a good chance for the school to take advantage of the depth of talent available.

"I used to be more strict with my "Since it features about 50 actors, but I've learned to give students, the one acts are a great "This was probably the most them more leeway," he said. "I chance to give everyone some found a more relaxed feel helps, experience," she said.



a death ray to Captain

Hammer, played by John

Higgins, in the school's

Horrible's Sing Along Blog.'

edy," he said. "Me and Alex had a

great time adapting the miniseries

Cecil started acting in the the-

ater, and eventually expanded his

horizons to writing and directing.

He says he's learned more with

adaptation of "Dr.

From left, Kaity Hinojosa, **Neil Patil and Natalie Harris** perform in "Linda Her," one of the one act plays presented last weekend by the Langley High School theatre arts department.



10 Great Falls Connection January 18-24, 2012 www.ConnectionNewspapers.com www.ConnectionNewspapers.com Great Falls Connection & January 18-24, 2012 & 11

THE COUNTY LINE

Allen Declares War on Unions

Seeking his old Senate seat, former governor goes on the offensive against organized labor.

By Michael Lee Pope
The Connection

oping to capitalize on antiunion sentiment in Virginia this year, Republican George Allen is giving labor issues a starring role in his bid to recapture the Senate seat he lost to Jim Webb in 2006. In a meeting with Connection Newspapers reporters and editors, Allen proposed a series of specific measures to undercut the power of unions. The agenda would undercut the power of the National Labor Relations Board, prohibit mandatory labor agreements on federal projects and ensure secret ballots before a labor union can be created.

"Unions are a big part of the Democrats' political operation," said Allen. "There's no secret about that."

Allen says the series of proposals were inspired by the National Labor Relations Board's lawsuit against airline manufacturer Boeing, which sought to punish the company for locating a new plant in South Carolina in retaliation for strikes by unionized workers at its existing facility in Washington state. The lawsuit was dropped last month, but Allen and other Republicans are now hoping to capitalize on the issue on the campaign trail.

"This is an issue that hits a sweet spot for Republican voters," said Kyle Kondik, political analyst with the University of Virginia Center for Politics. "So it certainly helps him in the primary against Jamie Radtke. It remains to be seen whether it's something that would appeal to voters in the general election against Tim Kaine."

ALLEN SAYS the freedom to work is "under assault," and repeatedly used the lawsuit against Boeing as a reason for the federal government to take decisive action. But Allen's agenda is broader than simply undercutting the power of the National Labor Relations Board. He would also like to amend the National Labor Relations Act to prevent workers from being compelled to pay union dues or fees to get or keep a job, essentially expanding Virginia's Right To Work law nationwide. He would also work to guarantee that workers have the opportunity to cast secret ballots before a union can be organized.

"None of George Allen's proposals would help workers in Virginia like me in any way," said Karen Conchar, Fairfax County employee and member of Local 5 Service Employees International Union. "Taking away



Former governor George Allen discusses campaign issues as candidate seeking the Republican nomination for U.S. Senate.

"Unions are a big part of the Democrats' political operation. There's no secret about that."

- George Allen

rights at the workplace doesn't help the middle class put food on the table or pay the mortgage, and it doesn't help businesses create good jobs."

As governor in the 1990s, Allen says he saw firsthand how the commonwealth's Right to Work Law helped encourage investment and expansion of business in Virginia. If elected to the Senate, he says, he wants to advance an agenda to undercut the power of unions in a way that would help businesses create jobs, save taxpayers money and protect the liberty of non-unionized workers. One of his goals would be to repeal the Davis-Bacon wage laws that he says diminish competition and inflate costs to taxpayers for construction when the federal government is involved. Ultimately, Allen said, he's hoping that voters send a mandate for action.

"The reality is that it matters who the president is," said Allen. "President Bush didn't allow project labor agreements. This president is all for them."

ONE OF ALLEN'S proposals would have particular resonance in Northern Virginia: It would prohibit the federal government from entering into mandatory project labor agreements, a collective bargaining agreement that establishes terms and conditions for a specific construction project. These are frequently large-scale infrastructure projects, such as bridges or Metro expansion to Dulles International Airport. Allen says that taxpayers would get more bang for their buck if the federal government was prohibited from engaging in collective bargaining on these projects.

"The reason you don't want to have these is that they increase the cost of a project, on average by 22 percent," said Allen. "You have less competitive bidding."

Union groups dispute this notion, questioning if taxpayers would really save money by hiring low-wage workers. Supporters of project labor agreements say unionized workers are paid more money because they produce better work. As a result, supporters say, they also create infrastructure that is less likely to break down or fail — sometimes with catastrophic consequences.

"Sometimes what you see is that without project labor agreements you end up with a more exploitable workforce," said Julie Hunter, spokeswoman for the Virginia AFL-CIO. "These are workers that tend to not have the same training that the union workforce has."

ALLEN'S OPPONENTS don't have much to say about his specific proposals. Campaign officials for Jamie Radke, the Tea Party candidate hoping to challenge him in the Republican primary, declined to respond to multiple requests for an interview. Her campaign website says she would oppose laws that would require a worker's secret ballot in union elections. The site also says she would support Virginia's Right To Work Law and oppose collective bargaining between government entities and public employee organizations and unions.

"The fundamental right to associate with those we choose assures workers the right to form labor organizations," Radke said in a written statement on her campaign website. "However, this fundamental right of association also guarantees the individual the right not to associate."

If he's successful against Radke, Allen will face former Democratic Gov. Tim Kaine — pitting two former governors against each

other in a Senate race. Like Allen, Kaine also supports Virginia's right-to-work law. When contacted about Allen's labor proposals, the Kaine campaign issued a statement saying that the former Democratic governor upheld the law as governor and will continue to support states' rights to establish their own rules on this issue as senator. The campaign did not respond to a request to address Allen's specific proposals.

"The answer to our economic challenges is not tinkering with workplace rules, as George Allen suggests," said communications director Brandi Hoffine in a written statement. "The real answer is building a high-talent economy by investing in education and workforce development."

ALLEN'S SUITE OF PROPOSALS will pit traditional political opponents against each other, labor unions and their Democratic allies on one side and business leaders and allies in the Republican party on the other. What's different about this election is the recession, with the unemployment rate in Virginia currently at 6.2 percent. Another difference with this election cycle is the growing Occupy movement, which seeks to cast a spotlight on the same wealth inequality that gave rise to the original labor movement in the late 19th century. Now, Allen says, it's time to move away from that model and adopt a more free-market approach.

For voters in Northern Virginia, the stakes are high.

"This artificially increases the costs and it also ends up with less competition so you end up with a higher cost to the taxpayers," said Allen. "If you look at the Metro extension to Dulles, the ones who will ultimately have to pay for these unnecessarily higher costs will be the taxpayers."

FAITH

Faith Notes are for announcements and events in the faith community. Send to greatfalls@connectionnewspapers.com. Deadline is Friday.

St. Francis Episcopal Church, 9220 Georgetown Pike in Great Falls, offers three Sunday services and a host of musical, educational, outreach, and fellowship ministries to enrich spiritual growth. 7:45 a.m. Worship Service without music; 9 a.m. Worship Service, Children's Chapel and Children's Choirs; 10 a.m. Sunday School and Adult Forum; and 11 a.m. Worship Service with Adult Choir. 703-759-2082

Trinity United Methodist Church, 1205 Dolley Madison Blvd., McLean, Sunday worship services are at 8:30 and 10:30 a.m. Sunday School for adults is at 9:30 a.m. and for children during the 10:30 a.m. worship service. Youth Group for grades 7-12 meets Sundays at 6 p.m. A 20-minute service of Holy Communion is held each Wednesday at 12 p.m. 703-356-3312 or umtrinity.org.

The Jewish Social Services Agency (JSSA) offers a wide variety of support groups for those with emotional, social, and physical challenges. www.jssa.org/growth-learning.

HAVEN of Northern Virginia offers a variety of free bereavement

support groups, meeting on a weekly basis. Contact 703-941-7000 or www.havenofnova.org for schedules and registration information.

McLean Bible Church Fitness Class at Body & Soul Fitness. Balance is key, energy is renewed and strength is gained. 9:45 a.m. Mondays and Fridays. Free childcare for registered t u d e n t s bodyandsoul@mcleanbible.org.

Vajrayogini Buddhist Center offers ongoing classes on meditation and Buddhist philosophy, Mondays at 7 p.m. at Unity of Fairfax, 2854 Hunter Mill Road, Oakton. \$10 per class. 202-331-2122 or www.meditation-dc.org.

St. Dunstan's Episcopal Church, 1830 Kirby Road in McLean. The third Sunday service every month at 10:15 a.m. allows children to play active roles in the music and as greeters and ushers. Traditional services are every Sunday at

Vienna Assembly of God has a ministry to children on Wednesdays, 7-8 p.m. at the corner of Center N and Ayr Hill Avenue, N.E. Children's Church on Sundays also available. 703-938-7736 or www.ViennaAG.com.

Vienna Christian Healing Rooms, every Saturday, 1-5 p.m., at

8200 Bell Lane. A team of Christians is available to anyone requesting prayer. Free and open to the public. 703-698-

www.viennachristianhealingrooms.com.

Chesterbrook United Methodist Church is at 1711 Kirby Road, McLean. Worship service is at 11 a.m. Sunday school is at 9:30 a.m. for adults and children. Rev. Kathleene Card, Pastor. 703-356-7100 www.ChesterbrookUMC.org.

A Centering Prayer Group meets Fridays, 9:30 a.m. at Andrew Chapel United Methodist Church, 1301 Trap Road, Vienna. The hour includes a brief reading related to Centering Prayer, followed by a 20-minute prayer period. E-mail Martha Thomas mmthomas211@hotmail.com or call the church at 703-759-3509.

The Jewish Federation of **Greater Washington** and the Jewish Outreach Institute offer the Mothers/ Parents Circle, an umbrella of free educational events and resources. Jewish rituals, ethics and the creation of a Jewish home, regular meetings and group Shabbats and holidays. Participants include Sha'are Shalom, Congregation Beth Emeth, Temple Rodef Shalom and the Jewish Community Center of Northern Virginia. ShalomDC.org.

Homeowners Connect

From Page 3

very valuable program to have, and you don't have to do a lot to be a part of it."

would be interested in helping bring a watch to her neighborhood, but she was interested in what kinds of crimes they could be used to prevent.

"If I'm going to go to my neighbors, I would like to have the type of crimes

that we can prevent as sort of a carrot to put out there to entice them," she said. "I have a neighbor who had his mailbox smashed, and when I asked if he wanted to call the police, he laughed and said it was probably payback for when he did it as a child."

Steve Stennett, president of the Seneca Hills homeowners association, says his neighborhood had a watch for a while.

"It was amazing how it worked, if anything happens internally, phones would ring immediately," he said. "Plus we were able to keep an eye on

"We know each other since we have two or three functions as a Jennifer Legler said she neighborhood per year, so we know who is supposed to be around and who isn't."

— Dorry Emmer

each other's kids when they were out playing, as well as traffic if we noticed teenagers speeding through."

Dorry Emmer, who lives in Colvin Meadow Estates said her neighborhood has an e-mail

"We know each other since we have two or three functions as a neighborhood per year, so we know who is supposed to be around and who isn't," she said. "But the biggest problem is reaching people about issues outside of our neighborhood, the ones that involve all of Great Falls."

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The Rev. James Papile, Rector
The Rev. Jacqueline Thomson
The Rev. Denise Trogdon
The Rev. Denise Trog







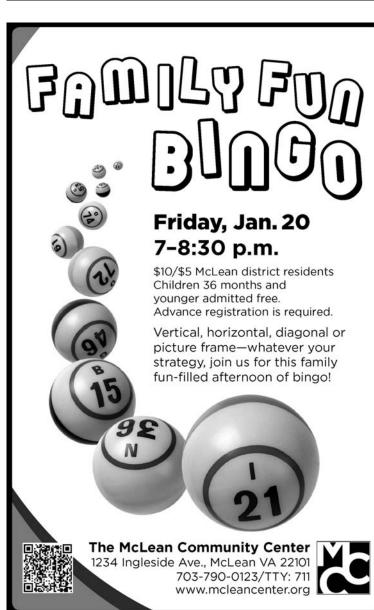












Entertainment

Send announcements to greatfalls@connectionnewspapers.com. Deadline is Thursday for the following week's paper. Photos/artwork encouraged. For additional listings, visit www.connectionnewspapers.com

THURSDAY/JAN. 19

Vietnam Veterans of America, Inc. Chapter 227. 7:30 p.m. Neighbor's Restaurant, 262D Cedar Lane, Cedar Lane Shopping Center, Vienna. Leonard Ignatowski will discuss the road building of QL-20 in South Vietnam and his return to QL-20 in July 2011. The general public and all veterans are invited. Free admission. 703-255-0353 or www.vva227.org.

Book Discussion Group. 7:30 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Call for title. Adults. 703-757-8560.

Christine Lavin. 8 p.m. Barns at Wolf Trap, 1551 Trap Road, Vienna. Folk music. \$20. www.wolftrap.org.

Aztec Two-Step 40th Anniversary Tour CD Release. 7:30 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

FRIDAY/JAN. 20

"Circle Mirror Transformation." 8 p.m. Vienna Community Center, 120 Cherry St., Vienna. Comedy-drama about four New Englanders in a sixweek drama class. \$11-\$13. 703-255-6360 or

www.viennatheatrecompany.org. **Friday Afternoon Chess Group.** 1
p.m. Great Falls Library, 9830
Georgetown Pike, Great Falls. Players
of all ages and all skill levels
welcome. 703-757-8560.

Family Fun Bingo. 7 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. Prizes and light refreshments. \$10, \$5 McLean tax district residents. Advanced registration required, no walk-ins. 703-790-0123 or www.mcleancenter.org.

Front Bottoms, Mansions and Blind Man Leading at 6 p.m.; Three Legged Fox, Quincy Mumford And The Reason Why at 10 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

SATURDAY/JAN. 21

"Circle Mirror Transformation." 8 p.m. Vienna Community Center, 120 Cherry St., Vienna. Comedy-drama about four New Englanders in a sixweek drama class. \$11-\$13. 703-255-6360 or

www.viennatheatrecompany.org.

The Songwriters' Association of
Washington Concerts. Open Mic
7-8 p.m., Main concert 8-10 p.m.
New Life McLean, 1988 Kirby Road,
McLean. Songwriters and Americana
artists Ruthie Logsdon (Ruthie and
the Wranglers) and David LaFleur
will be the featured performers.
www.goosecreekmusic.com/ruthieand-the-wranglers.

McLean High School Madrigals
59th Annual Boar's Head Feast.
7:30-9:30 p.m. Lutheran Church of
the Redeemer, 1545 Chain Bridge
Road, McLean. Stage and musical
performances inspired by the
European Renaissance and a catered
three course, family-style dinner
served by members of the "King's
Court." The Boar's Head Feast is an
annual fundraiser and provides
scholarships for choral students;
donations accepted. Tickets at
boarsheadfeastmclean.eventbrite.com.

Northern Virginia Country
Western Dance Association.
Luther Jackson Middle School, 3020
Gallows Road, Falls Church. Line
dance lessons at 7:30 p.m., beginning
Two-Step at 8 p.m. Open dancing
8:30-11 p.m. Couples and singles
welcome. Admission \$10-12.
www.nvcwda.org or 703-860-4941.



"Yellowstone in Winter, Photography by Dean Souleles" will be on display at Katie's Coffee House, 760 Walker Road, Great Falls, through Jan. 31, with winter scenes of nature and wildlife. www.dsoulphoto.com or 571-214-2669.

VITA Tax Assistance. 10 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Tax help. IRS-certified volunteers help taxpayers who earned up to \$50k. Adults. 703-790-8088.

Tom Chapin. 7:30 p.m. Barns at Wolf Trap, 1551 Trap Road, Vienna. Singer/songwriter. \$22. www.wolftrap.org.

The Beat. 7:30 p.m. Caffe Amouri, 107 Church St., N.E., Vienna. Coffeehouse open mic experience for acoustic music, poetry, singer songwriters, monologues and more. 703-615-2847

or caffeamouri@gmail.com.

Madi Diaz CD Release and Lucy
Schwartz at 7 p.m.; Along Those
Lines, The Chuck Shaffer
Picture Show and The Velvet
Ants at 10 p.m. Jammin' Java, 227
Maple Ave E Vienna.
www.jamminjava.com.

SUNDAY/JAN. 22

"The Human Spirit" Concert. 3 p.m. Center for the Arts, George Mason University, 4400 University Drive, Fairfax. American Youth Philharmonic with Music Director Daniel Spalding and harpist Dotian Levalier. Instrument Petting Zoo after the concert. \$14 adult, \$10 seniors and students, free age 18 and under.

703-642-8054 or www.aypo.org. **An Evening with Judy Collins.** 7:30 p.m. Barns at Wolf Trap, 1551 Trap Road, Vienna. Singer/songwriter, performing traditional and contemporary folk, cabaret, show tunes and more. \$45. www.wolftrap.org.

Action Against Hunger with Let's Be Honest, Hit This City and Light Up The Sky at 1 p.m.; Aer, Ballyhoo! and Poor Man's Copyright at 8 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

MONDAY/JAN. 23

Tiny Tot Time. 10:30 a.m. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Songs, rhymes and activites. Age 13-23 months with adult. 703-356-0770.

Preschool Storytime. 10:30 a.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Stories, songs and activities. Age 3-5 with adult. 703-757-8560.

Country Rocker Rick Caballo. 7 p.m. Jammin' Java, 227 Maple Ave. E., Vienna. www.jamminjava.com.

Ayr Hill Garden Club: Winged Wildlife of the Potomac River. 10:45 a.m. Emmanuel Lutheran Church, 2589 Chain Bridge Road, Vienna. Cliff Fairweather, Environmental Education Coordinator for the Audubon Society of Northern Virginia, will share photographs and information about the birds and butterflies, dragonflies

and more. Open to the public. plhweiss@yahoo.com.

Call For Fire, TBS,
Theycallmepiano and Rick
Caballo. 7 p.m. Jammin' Java, 227
Maple Ave E Vienna.
www.jamminjava.com.

TUESDAY/JAN. 24

Tuesday Storytime. 10:30 a.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Stories, songs and activities. Age 1-2 with adult. 703-790-8088.

Personalized Internet Training. 2:30 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. A 45-minute one-on-one Internet training session with a technology volunteer. Call for appointment. Adults. 703-790-8088.

Practice Your English. 6:30 p.m. Tysons-Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Conversation group for adults learning English.

Castle of Genre, The Howlin Bends, Amanda Badzé and Nor Cator & The Ooh La La's. 7 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

WEDNESDAY/JAN. 25

Wonderful Woodpeckers. 10:30 a.m. Dolley Madison Library, 1244 Oak Ridge Ave., McLean. Discover how birds fly and how woodpeckers stay warm in winter. Presented by Riverbend Park. 703-356-0770.

Ingram Hill, Matt Duke and Sarah Miles. 7:30 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

THURSDAY/JAN. 26

Griffin House and Matthew Perryman Jones. 7:30 p.m.
Jammin' Java, 227 Maple Ave. E.,
Vienna. www.jamminjava.com.

Ari Hest with Sarah Siskind. 8 p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. Indie-folk. \$18. www.wolftrap.org.

Griffin House and Matthew Perryman Jones. 7:30 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

FRIDAY/JAN. 27

"Man of La Mancha." 8 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Inspired by Don Quixote, suitable for age 16 and older. Tickets \$18-\$20. 703-790-9223 or www.mcleanplayers.org.

River North Dance Chicago. 8 p.m. George Mason University's Center for the Arts Concert Hall, 4400

SEE ENTERTAINMENT, PAGE 15

www.ConnectionNewspapers.com

Nathan Tatro and Janice Rivera in the McLean Community Players' production of the "Man of La Mancha."



Photo courtesy of the McLean Community Players

Reaching the Unreachable

Inspirational "Man of La Mancha" arrives at Alden Theatre.

By David Siegel
The Connection

n enduring work of musical theater, the Tony Award-winning "Man of La Mancha" is coming to the Alden Theatre, courtesy of the McLean Community Players. Inspired by Miguel de Cervantes' "Don Quixote," it is the musicalized guest of a knight daring

musicalized quest of a knight daring to confront wickedness, trying to make the world better.

The musical takes the form of a play within a play as Cervantes finds himself in prison awaiting a hearing before the medieval Spanish Inquisition. Out of his vivid imagination comes forth Don Quixote, an armor-clad, "mad" knight-errant striving ever forward to help others with his side-kick Sancho Panza providing witty remarks along the way.

Director Don Petersen said the show is "admired for the power of its story, the humor in its dialogue and the beauty of its music." In today's world when the phrase "it is what it is" is dismissively used to avoid responsibility, "Man of La Mancha" provides "the belief that things should be better than they are, that one man can change a dark and indifferent

world.

Where and When

"Man of La Mancha" presented by

the McLean Community Players at the

Alden Theatre, 1234 Ingleside Ave. in

McLean. Performances Jan. 27 – Feb.

11. Fridays and Saturdays at 8 p.m.,

Sundays at 2 p.m. Tickets: \$18-\$20.

www.mcleanplayers.org. Note: Adult

situations. Suitable for audiences of

Call: 1-866-811-4111 or logon:

ages 16 and up.

"After all, we are not really just helpless and hopeless. If you can dream it, you can make it happen," said Petersen.

Working with Petersen to bring the production into the mind's eye are creative artists like Walter (Bobby)

McCoy, the musical director and Kayce Allison, choreographer. The production features over 20 cast members and a 14-piece orchestra and a rich score including the iconic "Impossible Dream."

Mike Baker Jr. plays the inspirational Cervantes/Quixote characters. His Quixote provides deep courage and strong heart as he reaches for the unreachable. "This show still speaks to us today with

its timeless message about setting goals and having ambitions. To not be afraid to try to do what you believe."

For Janice Rivera, playing the role of Aldonza/Dulcinea is a fulfilled dream. Her peasant character has lived a tough, loveless life. She must learn "how to respond to care and love. She just doesn't believe love can be real or that she is worthy of it. It takes time for herself to allow unconditional love in her life." Nathan Tatro plays Sancho Panza, bringing his character's antics and comic relief to the evening as he accompanies Quixote on his valiant journey.

The original 1965 "Man of La Mancha" Broadway production ran for 2,328 performances with book by Dale Wasserman, lyrics by Joe Darion and music by Mitch Leigh.

Entertainment

From Page 14

University Drive, Fairfax. Jazz-based contemporary dance ensemble. \$21-\$42. www.gmu.edu.

"Circle Mirror Transformation." 8 p.m. Vienna Community Center, 120 Cherry St., Vienna. Comedy-drama about four New Englanders in a sixweek drama class. \$11-\$13. 703-255-6360 or

www.viennatheatrecompany.org. **Animals Underground.** 10:30 a.m.

Great Falls Library, 9830 Georgetown Pike, Great Falls. Learn about animals that live underground.

Presented by Riverbend Park. Age 2-6 with adult. 703-757-8560.

Friday Afternoon Chess Group. 1 p.m. Great Falls Library, 9830 Georgetown Pike, Great Falls. Players of all ages and all skill levels welcome. 703-757-8560.

Mclean Art Society Meeting. 10 a.m. Mclean Community Center, 1234 Ingleside Ave., McLean. With watercolorist Catherine Hillis as featured artist. 703 790-0123. Bill Kirchen & Too Much Fun. 8

p.m. The Barns at Wolftrap, 1551 Trap Road, Vienna. An eclectic blend of rock, country, blues, western swing and California honky-tonk \$22. www.wolftrap.org.

Elizaveta at 7 p.m.; Future Says Farewell To Charlie Bucket at 10 p.m. Jammin' Java, 227 Maple Ave E Vienna. www.jamminjava.com.

SATURDAY/JAN. 28

Grey Seal Puppets: The Emperor's New Clothes. 1:30 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. \$10. www.mcleancenter.org.

Crabgrass Puppets: The Lion and the Mouse and Other Tales. 2:30 p.m. McLean Community Center, 1234 Ingleside Ave., McLean. \$10. www.mcleancenter.org.

"Man of La Mancha." 8 p.m. McLean Community Center Alden Theatre, 1234 Ingleside Ave., McLean. Inspired by Don Quixote, suitable for age 16 and older. Tickets \$18-\$20. 703-790-9223 or www.mcleanplayers.org.

Aquila Theatre: Macbeth. 8 p.m.
George Mason University's Center for
the Arts Concert Hall, 4400
University Drive, Fairfax.
Shakespeare's classic tragedy. \$20\$40. www.gmu.edu.

"Circle Mirror Transformation." 8 p.m. Vienna Community Center, 120 Cherry St., Vienna. Comedy-drama about four New Englanders in a sixweek drama class. \$11-\$13. 703-255-6360 or www.viennatheatrecompany.org.

VITA Tax Assistance. 10 a.m. Tysons Pimmit Regional Library, 7584 Leesburg Pike, Falls Church. Tax help. IRS-certified volunteers help taxpayers who earned up to \$50k. Adults. 703-790-8088.





Here's What's Happening at MCC



@ The Alden

Les Ballets Trockadero de Monte Carlo

Wednesday & Thursday, Jan. 18 & 19, 8 p.m. \$45/\$35 district residents

Family Fun Bingo

Friday, Jan. 20, 7-8:30 p.m. \$10/\$5 district residents; free 36 months or younger



Puppet Festival

Saturday, Jan. 28, 1:30-3:30 p.m. \$10; children 24 months and younger admitted free

Calling All Chocolate Lovers!

McLean Chocolate Festival

Sunday, Jan. 29, 12-5 p.m. \$1; children admitted free







Just in time for Valentine's Day!

5th Annual McLean Jewelry Showcase

Saturday, Feb. 4, 11 a.m.-5 p.m. \$3, (save \$1 off admission with this ad)

The McLean Community Center 1234 Ingleside Ave., McLean, VA 22101



703-790-0123, TTY: 711 www.mcleancenter.org



Sports

Highlander Boys Continue to Roll in Basketball

McLean closes 2011 by capturing Bulldog Bash title at Westfield.

By Rich Sanders
The Connection

remarkable 10-game win streak by the McLean High boys' basketball team was snapped last Friday night when the Highlanders experienced a rare defeat as they lost their Liberty District game to visiting Fairfax High, 59-53.

The setback put the Highlanders at 12-2 overall on the season, and 5-1 in district play. McLean had won all of its previous district games this season - triumphs over South Lakes, Madison, Stone Bridge, Marshall, and Jefferson - prior to the loss to the Rebels. McLean was set to wrap up the first half of its district schedule earlier this week when it traveled across town to meet defending district champion Langley on Tuesday, Jan. 17.

McLean's top three scorers in the loss to Fairfax were senior guards Gordon Rogo (19 points) and Sango Amolo (14), and senior forward Thomas Van Wazer (14). The Highlanders built a 14-10 lead after one quarter but were held to just eight second quarter points and trailed 26-22 at halftime. Fairfax, which had a huge game from Zack Burnett (25 points), extended the lead to 46-39 after three quarters and went on to the sixpoint margin of victory. John Robic contributed 14 points for the Rebels.

Earlier in the week, McLean had extended its win streak to 10 with a 58-46 district win at Jefferson. McLean, which built a 28-18 halftime lead, received a balanced scoring attack which included 14 points from Van Wazer and 13 from Rogo. Other scoring contributions came from Amolo (9 points), senior forward Kevin Lastova (7), and senior guard Daniel Lewis (7).

In district games the week before, McLean had begun the New Year (2012) with home wins over Stone Bridge, 71-64, on Jan. 3, and Marshall, 67-49, on Jan. 6. In both wins, the Highlanders broke the games open with strong fourth quarters of play.

"Both Stone Bridge and Marshall did very good jobs handling our pressure and executing their offenses against us before we were able to extend a lead in both games in the fourth quarters," said McLean head coach Kevin Roller. "We were very fortunate to be up at the half in both games, 40-39 versus Stone Bridge and 35-30 versus Marshall. Both games showed us that we needed to place more focus and energy in our half court defense. We allowed them to get the ball to their spots and both teams made shots. Our point of emphasis has been of-



Gordon Rogo (23) and the McLean Highlanders had won 10 games in a row before losing a Liberty District home game to Fairfax last Friday night.

fering much more opposition and resistance and not relying on our ability to outscore opponents, as you will not always shoot well "

OVER THE HOLIDAYS, McLean won all three of its games to capture the title at the Bulldog Bash Holiday Tournament, hosted by Westfield High School. The Highlanders defeated Battlefield High (Northwestern Region) of Haymarket, 67-61, in the title game on the night of Thursday, Dec. 29. Van Wazer led the champions with 23 points. Three other Highlanders - Amolo (17 points), Rogo (11), and junior forward Samer Abdelmoty (10) - scored in double figures. The contest was close throughout with McLean leading 19-16 after one quarter, 37-31 at halftime, and 51-44 through three quarters.

Battlefield, which started the season 0-4, had won four in a row going into the finals game against McLean. In the semifinals a day earlier, the Bobcats had beaten host Westfield, 46-45, thanks to a clutch three-pointer in the final 20 seconds.

Battlefield, in the championship, gave McLean a strong game.

"They were most definitely the 4-0 team and not the 0-4 team [against us]," said Roller.

In the win, McLean's Amolo and Van Wazer combined for 37 points. Van Wazer (20 points) was selected as the Tournament MVP and both Amolo (17 points) and Rogo (11) were also named to the All-Tournament Team. Abdelmoty scored 10 points in

the title game win and John Pascoe, McLean's junior center, added six points.

McLean, on the afternoon of Dec. 27, had won its first game of the Bulldog Bash, 65-63, over Potomac High of Dumfries (Northwest Region). The game came down to the final seconds when Lewis, with McLean trailing by one, made a steal of an inbounds pass. On the transition the Highlanders missed a shot with about 10 seconds to go, but Amolo tracked down the loose ball in the corner and then connected on a turnaround 18-footer for what proved to be the game-winner with five seconds remaining.

"If he misses that shot, instead of going on to win the tournament we are playing at 9 a.m. the next morning in the consolation bracket," said Roller, of Amolo's clutch shot

McLean's top scorers in the win were Rogo with 24 points, Van Wazer with 11, and Amolo with 10. McLean had led 18-9 after one quarter before Potomac came back to get within 34-32 at the half. The Highlanders still led by two after three quarters and went on to the hard-fought win.

"The game was back and forth the entire game," said Roller.

McLean, following the dramatic win over the Panthers, came out the following day and played perhaps its best game of the season in a 68-43 victory over Flint Hill School (Oakton).

THE HIGHLANDERS held a double-digit lead before Flint Hill battled back to within seven points early in the fourth quarter. But McLean played outstanding the remainder of the game.

"It was a great run by Flint Hill to close it to seven with five minutes to go, but our seniors were able to get their feet back underneath them and reverse the momentum," said Roller. "But the final score was not indicative of the entire game."

McLean played outstanding defense in the win over Flint Hill.

"We showed our maturity as we changed our normal game plan of pressing and pushing tempo and instead came out in our 1-3-1 zone [defense]," said Roller. "It caused Flint Hill some difficulty and, except for a few possessions, we played it the entire game."

McLean, which led the Huskies 15-4 after one quarter, had solid games from Van Wazer (18 points), Lewis (11), Lastova (10), Rogo (10), and Amolo (8).

McLean, following the semifinals win over the Huskies, went on to defeat Battlefield in the title game.

"It was a well-run and exciting tournament," said Roller, of the Bulldog Bash.

This week, McLean was set to play local rival Langley on Tuesday and will travel to Reston to take on South Lakes this Friday night, Jan. 20.

Sports Roundups

McLean Youth Soccer (MYS) Spring 2012 Registration has begun MYS's website www.mcleansoccer.org for all returning and new families to the area. MYS offers various programs for children ages four through 18, including Recreation, Travel, McLean Premier Soccer Travel, U5 for Pre-K players, and TOP Soccer for children with special needs. The season will begin the week of March 26 and extend through mid-June. Register no later than Jan. 31 to take advantage of the early discounted registration fees. Contact the MYS Club Administrator at admin@mcleansoccer.org if you have any questions or call the MYS Office at 703-506-8068.

Great Falls Soccer Club (GFSC) Spring 2012 Registration continues on the GFSC website at www.greatfallssoccer.com for returning players and new families in the area. Great Falls Soccer offers a variety of programs for children ages three through 18, including Little Kickers for ages 3-4, Recreational teams for players 5-16, Travel teams playing in multiple local leagues, and an Adult League.

All recreational teams have professional soccer trainers working with volunteer coaches to help develop players. Travel teams are coached by professional coaches. The season begins the week of March 26 and ends in mid-June. Register no later than Jan. 31 to avoid late fees. Contact the Club Administrator at administrator@greatfallssoccer.com if you have any questions.

Great Falls Soccer is announcing Try Us and Love Us program. The travel teams conduct open training sessions year round that are available to children from the U9 through U19 age groups. The club welcomes SFL and travel players from other leagues to try the program out. Children can drop in for a winter practice or a spring practice before the official spring tryouts and see why parents and players alike love Great Falls Soccer Club.

For more information, contact Technical Director, Sam Bader (hussam81@hotmail.com).

The Flint Hill Huskies boys swim team defeated St. Stephens St. Agnes School, 102-55, while the Saints girls beat Flint Hill by a score of 100-71. Double event winners for the Huskies included: Brian DeMocker, Rachel Swarts, and Natalie Brendsel. Single event winners were Rob Ikeda, Allison Kennedy, and Eric Tang.

HOME SALES In December 2011, 15 Great Falls homes sold between \$3,106,367-\$556,000.

| Address | BR FB HB | Postal City Sold Pric | e Type Lot AC | . PostalCode | Subdivision |
|-------------------------|-----------|------------------------|-------------------|--------------|-------------------------|
| 9695 MILL RIDGE LN | 5 5 . 1 | GREAT FALLS \$3,106,36 | 7 Detached 2.02 . | 22066 | THE LANE AT FOUR STAIRS |
| 1093 MILL FIELD CT | 5 4 . 2 | GREAT FALLS \$1,612,50 | 0 Detached 0.83 . | 22066 | COLVIN MILL RUN |
| 9908 WINDY HOLLOW RD | 5 5 . 1 | GREAT FALLS \$1,550,00 | 0 Detached 1.72 . | 22066 | FALCON RIDGE |
| 901 FALLS MANORS CT | 5 4 . 1 | GREAT FALLS \$1,385,00 | 0 Detached 0.92 . | 22066 | FALLS RUN |
| 11305 STONEHOUSE PL | 6 5 . 1 | GREAT FALLS \$1,350,00 | 0 Detached 1.72 . | 22066 | CASCADES ESTATES |
| 829A UTTERBACK STORE RI | D 4 4 . 1 | GREAT FALLS \$1,325,00 | 0 Detached 1.20 . | 22066 | HOLLYRIDGE |
| 9028 JEFFERY RD | 5 5 . 1 | GREAT FALLS \$1,150,00 | 0 Detached 2.90 . | 22066 | RIVER PARK ESTATES |
| 1098 FAIRBANK ST | 5 4 . 1 | GREAT FALLS \$1,148,50 | 0 Detached 1.20 . | 22066 | MILL RUN ACRES |
| 1011 PRESERVE CT | 5 5 . 1 | GREAT FALLS \$1,100,00 | 0 Detached 0.87 . | 22066 | GREAT FALLS WOODS |
| 9701 KATIE LEIGH CT | 4 2 . 1 | GREAT FALLS \$1,025,00 | 0 Detached 2.00 . | 22066 | GREAT FALLS RIVER BEND |
| 9100 WHITE CHIMNEY LN | 4 3 . 1 | GREAT FALLS \$915,50 | 0 Detached 0.93 . | 22066 | LEIGH MILL COMMONS |
| 957 SENECA RD | 5 2 . 1 | GREAT FALLS \$760,00 | 0 Detached 0.49 . | 22066 | SENECA HILLS |
| 9513 LOCUST HILL DR | 5 5 . 1 | GREAT FALLS \$750,00 | 0 Detached 0.58 . | 22066 | LOCUST HILL |
| 9212 MARIA AVE | 3 2 . 1 | GREAT FALLS \$690,00 | 0 Detached 1.00 . | 22066 | GREAT FALLS ESTATES |
| 10609 GOOD SPRING AVE | 4 3 . 0 | GREAT FALLS \$556,00 | 0 Detached 0.53 . | 22066 | SPRINGWOOD |
| | | | | | |

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Local Housing Market: 2011 Mirrors 2010

McLean and Great Falls housing wrap up for 2011.

By Karen Briscoe

he tallies are in for 2011 and in the real estate markets of McLean and Great Falls, 2010 turned out to be "fairer" in terms of the number of transactions compared to 2011, but just by small margins.

over year. Good houses, priced correctly for the current market, sold in both 2010 and 2011.

Looking back, 2010 was a solid year of recovery after the market corrections that occurred in 2008 and 2009. Thus when all is told, 2011 being similar Conroy Realty Group in McLean.

to 2010 is a good thing. Oftentimes market cycles fall into 7-year interims, from peak to peak. Real estate values in the Northern Virginia market area peaked in 2005-2006. Should this recovery follow a

> 7-year cycle, then we should return to market peaks in some segments beginning

> The good news is that the McLean and Great Falls housing market has experienced another year of solid recovery in 2011 in terms of number of sales. It just appears to have taken a small step backward compared to 2010 before proceed-

The numbers practically mirrored each other year ing forward. My prediction is that 2012 will prove to be a very solid year for buying and selling real estate in McLean and Great Falls market areas.

Karen Briscoe is a Principal of Huckaby Briscoe



McLean & Great Falls Market Analysis of Homes Sales

2011 COMPARED TO 2010 (BASED ON FINAL CLOSED PRICE)

| | >\$3 Mil. | \$2-3 Mil. | \$1.25-2 Mil | \$750k-\$1.25 Mil | <\$750k | |
|-------------------------------|--------------------------|---------------|------------------------|---------------------|-------------------------|--|
| 2011 | | | | | | |
| 22101 | 5 | 14 | 63 | 157 | 145 | |
| 22102 | 7 | 11 | 37 | 65 | 171 | |
| 22066 | 4 | 6 | 55 | 84 | 34 | |
| Total | 16 | 31 | 155 | 306 | 350 | |
| Combined Total | Upper Brackets: 202 | | | Lower Brackets: 656 | | |
| | | | | | | |
| ALL SALES 2011 | l: 858 | | | | | |
| ALL SALES 2011 | l: 858 | • • • • • • • | | | | |
| 2010 | 1: 858 | • • • • • • • | | • • • • • • • • • • | • • • • • • • | |
| 2010 | 858 8 | 12 | 57 | 156 | 145 | |
| 2010 22101 | • • • • • • | 12 17 | 57 27 | 156 65 | 145 186 | |
| | 8 | | | | | |
| 2010 22101 22102 | 8 7 | 17 | 27 | 65 | 186 | |
| 2010 22101 22102 22066 | 8 7 2 17 | 17 12 | 27 69 153 | 65 103 | 186 33 364 | |

REAL ESTATE

To have real estate information listed in the Connection, send to greatfalls@ connectionnewspapers.com. Deadline is

REACS, Inc., a minority owned commercial real estate company in Tysons Corner (Vienna) has been named the property management company for Soapstone Center in Reston and Pemberton Square S hopping Center in South Riding. REACS, Inc. is a full service commercial management company providing brokerage, property management, construction and maintenance services to commercial property owners in Virginia, Maryland, and Washington D.C. For more information contact Steve Anderson at (703) 734-0880.

Bruce Green, regional vice president of Weichert, Realtors announced that the McLean/Old Dominion office was recognized for outstanding results and industry success in 2010. In 2010, the McLean/Old Dominion office, managed by Steve Gaskins, led the region for new homes dollar volume, sales and resales. The region consists of offices throughout Virginia. The Weichert's McLean/Old Dominion office can be reached at 703-821-8300 at 6257 Old Dominion Drive.

Harper McDaniel, associate broker with the CENTURY 21 New Millennium McLean office recently earned the CEN-TURY 21® System's CENTURION Producer, President's and Quality Ser-

vice Pinnacle Awards again this year following her 2010 sales success.

"Harper is a leader and innovator in delivering powerful home buying and selling choices to her clients because she knows the community she serves," said Todd Hetherington, CEO and co-owner of CENTURY 21 New Millennium.

Harper McDaniel has more than 10 years of experience in the real estate

"Achieving CENTURION, President's and Quality Service Pinnacle Producer status is a great milestone in my professional career and with a continued effort and focus on my clients, I hope to continue on this path of success," said Harper, associate broker with CENTURY 21 New Millennium.





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Call Specific Agents to Confirm Dates & Times. 囯

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Herndon

_eesburg

18944 Woodburn Road \$489,900 Sat 1-4 .George Azzouz.Samson Properties..703-728-0843

..Century 21..703-556-4222

Sterling

20295 Water Mark Pl......\$900,000...Sun 1-4......Sheila Cooper..... ...Weichert..703-759-6300 46379 Pryor Sq. #77 \$279,900...Sun 1-4 Laurie Logon.... Prosperity Realty..703-618-0234

..\$1.199.000...Sun 1-4 10289 Johns Hollow Rd.\$1,289,000...Sun 1-4...Kiran Masson.....Long & Foster..703-790-1990 .\$624,999...Sun 1-4..Dianne Van Volkenburg......Long & Foster..703-980-4553

To add your FREE Realtor represented Open House to these weekly listings, please contact Salome Gaibler at 703-778-9421 or salome@connectionnewspapers.com

All listings are due by Monday at 3 P.M.

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21 Announcements

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21 Announcements

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21 Announcements

trading as World of Beer, 901 N. Gleve Road, #105, Arlington, Virginia 22203-1853. The above establishment is applying to the VIRGINIA DEPART-MENT OF ALCOHOLIC BEV-ERAGE CONTROL for a Beer EHAGE CONTROL for a Beer On & Off Premises & Keg License to sell or manufacture alcoholic beverages. Evan Matz, Managing Member. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing. 30 days from the publishing date of the first two required newspaper legal notices.

ABC License Bozzelli Concord,LLC trading MWB DEVELOPMENT 1, LLC as Bozzelli's Italian Deli, 2600 Crystal Dr #1, Arlington, VA 22202. The above establishment is applying to the VIR-GINIA DEPARTMENT OF AL-COHOLIC BEVERAGE CON-TROL for a Beer/Wine on/off premises license to sell or manufacture alcoholic beverages. Michael Bozzelli, owner. NOTE: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of two required newspaper legal notices. Objections should be registered at www.abc. virginia.gov or 800-552-3200

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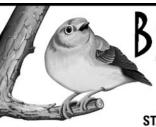
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Monday Noon

And a lot of good it's doing me. I may be able to do what I want, but I don't really have a clue as to what it is I want to do – or can do. What I am referring to, specifically, are the various electrical "chargers" we now have in our house: for cell phones (smart and stupid), Bluetooth, Kindle, miscellaneous computers (laptop, tablet), etc.; they're almost as much of a nuisance as the stink bugs which every day it seems, still manage to find ways to get into the house. To me, all the cords look alike and, to compound the problem, most of the devices are plugged into the same outlet – for semi-convenience sake. As a result of this convergence, determining – without bending over, which male goes into which female (euphemistically speaking) is becoming increasingly more challenging - and frustrating.

Not that we're splitting the atom here, but more and more, part of our daily routine involves recharging devices and matching up those same devices with their respective male/female counterparts. It's a process that, though not particularly complicated, is nonetheless becoming anything but routine. To further complicate this technological two-step (or threeor four-step – for me), is the fact that the cords are all the same color. In addition to appearing relatively similar, some even fit multiple devices; although not always recharging as we anticipate, leading to a false sense of power security. "Universal" it's not. Moreover, since the cords are generally confined to one electrical outlet (to avoid multiple-outlet clutter), they're often tangled up in black (their color) and not so easily retrieved. To find the matching cord and then to extricate it from its electrical connection on the first attempt without further ado, is much easier said than actually done.

It's almost as if we need a confined, pantrylike area in-home in which to store and stow all the chargers; labeled and slotted on specific shelves. Presently, in my home anyway, when connecting or disconnecting any of these devices/cords, a "tip-toe through the tulips" it's not; it's more like a minefield. If an accidental step or grab is made, there won't be any explosions or loss of life (for perspective), but there still might be some screaming and/or loss of important assets with significant replacement cost to follow. Not to mention data lost - potentially, and lifestyle and/or work complications that together might cause an emotional upheaval the likes of which you've been anticipating and dreading since this 24/7 accessibility/timeline took over and made us all victims of our own electronic devices. Hal from "2001 Space Odyssey" it's not, but we're getting there.

wish I could suggest an alternative or devise some sort of preemptive pursuit to prevent this inevitable meltdown of man and/or machinery. However, I know so little – as usual, of what I'm theorizing that I'm hardly qualified to offer an opinion. In fact, I probably should be disqualified. However, given the underlying fact that I am an actual victim of these circumstances, perhaps I'm able to think outside the box (from the mouths of babes, so to speak) and arrive at a Seinfeldian-type of solution similar to Jerry's riff on parking garages: colors and numbers are too easily forgettable, he observed on one episode; maybe identifying the areas with more unforget-table phrases/descriptions like "Your mother's a whore or your father was an abusive alcoholic" might help weary shoppers locate their vehicles. My suggestion is less perverse and more sensible, actually. Why not color-code the cords to match a specific device the same way Miss Utility marks respectively, the "underground facilities: buried power, sewer, gas and water" to avoid the inevitable confusion. And of course, "It's The Law. Dig with CARE." Red, blue, yellow, green, etc. would equate with a specific device and its cord. All color coordinated – for dummies, like me.

As I sift through the cords and devices now, trying to patiently find a match; while considerers/cords, as technology imposes its inexorable will on me - and society, a solution better be forthcoming. Otherwise, I'll be left powerless and helpless. Remember, a chain is only as strong as its weakest link.

Kenny Lourie is an Advertising Representative for The Potomac Almanac & The Connection Newspapers

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